

Bagels

Plain • Salt • Poppy • Garlic • Sesame • Asiago
Cinnamon Raisin • Whole Wheat • Everything
Pumpernickel • Blueberry • Marble Rye • Spinach
Golden • Multigrain • Jalapeño • Cinnamon Sugar
• Egg • Onion • Bacon Cheddar Jalapeño

Bagels each	\$1.25
Half Dozen	\$6.29
Dozen	\$11.99
Fantasy Bagel.....	\$1.75
Gluten Free Bagel	\$2.50

Bagel with Spread

Butter/Jelly	\$1.87
Plain Cream Cheese	\$2.85
Flavored Cream Cheese	\$3.22
Lox Cream Cheese.....	\$3.65
Peanut Butter	\$2.62
Hummus	\$3.65

Take Home Containers

Our cream cheese is hand whipped and made daily
with the freshest ingredients.

	<u>½ Pint</u>	<u>Pint</u>
Plain Cream Cheese	\$5.30	\$8.85
Flavored Cream Cheese	\$6.55	\$9.60

(Strawberry, Scallion, Garlic & Herb, Cranberry Or-
ange Walnut, Lox, Vanilla Walnut Raisin, Vegetable,
Jalapeño, Honey Walnut, Cucumber Dill, Sundried
Tomato, Green Olive, and “Seasonal” Cream Cheese
flavors)

Lox Cream Cheese	\$6.80	\$9.85
Chicken Salad	\$7.55	\$14.99
Tuna Salad	\$7.55	\$14.99
Egg Salad	\$5.55	\$12.99
Pasta Salad	\$3.00	\$5.00

Breakfast

Can be made on bagel, wrap, croissant, or any
bread choice - Egg whites, turkey sausage
& Taylor ham now available

Egg and Cheese	\$4.21
Bacon, Egg and Cheese	\$5.29
Hangover Helper Sausage, Egg and Cheese	\$5.29
Surfer Boy Bacon, Egg, Cheese, Lettuce and Tomato	\$6.21
Rip-Tide Roast Beef, Egg and Cheese	\$5.29
Beach Bum Ham, Egg, Cheese, Lettuce and Tomato	\$6.21
Triple By-Pass Ham, Bacon, Sausage, Egg and Cheese	\$6.59
The Lighthouse Turkey, egg white, cheese and tomato	\$6.21
Tequesta Sunrise Bacon, Egg over easy, Cheese and Hash brown	\$7.15
Breakfast Special 2 Eggs, Bacon, Hash brown and a bagel with butter	\$7.52
Quiche of the Day	\$3.50
Parfaits Yogurt, Fresh Fruit and Granola	\$4.10
Oatmeal with a side of brown sugar and/or raisins	\$2.80
Hash brown	\$1.17

Omelettes

Served with a bagel and butter or any bread

L.E.O. Lox, Eggs and Onions	\$9.40
Meat Lovers Ham, Bacon, Sausage and Cheese	\$9.40
Greek Spinach, Red Onion and Feta	\$9.40
Veggie Onions, Pepper, Mushrooms, Spinach and Cheese.....	\$9.40
Make Your Own Choice of Meat, Cheese, and Veggies	\$9.40

Lunch

Served on bagel, wrap, croissant
or any bread choice, bag of chips and pickle

B.L.T. Bacon, Lettuce and Tomato	\$8.08
Tavern Ham, Swiss Cheese, Lettuce and Tomato.....	\$9.40
Twisted Turkey Lettuce, Tomato, Onion and Jalapeño Cream Cheese	\$9.40
Cuban Ham, Turkey, Swiss and Mustard ..	\$9.40
Chicken with Pesto, Tomato and Provolone	\$9.40
Roast Beef Cheese, Lettuce and Tomato ..	\$9.40
Veggie Wrap Pickles, Onion, Hummus, Olives, Red Pepper, Lettuce and Tomato	\$9.40
Pastrami Rueben Swiss cheese, Sauerkraut and Thousand Island Dressing.....	\$9.40
Prosciutto with Red Pepper, Pesto and Provolone	\$9.40
Turkey Club Swiss cheese, Lettuce, Tomato and Bacon.....	\$9.40
Chicken Salad Lettuce and Tomato.....	\$9.40
Egg Salad Lettuce and Tomato	\$7.15
Tuna Salad Lettuce and Tomato	\$9.40
Nova Lox Sandwich Capers, Onion, Tomato and Cream Cheese	\$9.95

Paninis

Chicken with Provolone, Tomato and Pesto	\$9.40
Roast Beef Provolone, Onion , Tomato and Horseradish Sauce	\$9.40
Turkey Cheddar, Bacon, Tomato and Ranch Dressing	\$9.40
Cuban Ham, Turkey, Pickles, Swiss and Spicy Mustard	\$9.40
Prosciutto with Pesto, Provolone and Roasted Red Peppers	\$9.40

Crepes

Breakfast Crepes

Served with hollandaise drizzle
Made with 2 eggs—Egg White available

Bacon, Egg & Cheese	\$6.95
Sausage, Egg & Cheese	\$6.95
Ham, Egg & Cheese.....	\$6.96
Turkey, Egg & Cheese	\$6.95

Lunch Crepes

Served with arugula salad, dressing and
hollandaise drizzle

Ham, Spinach & Cheese	\$7.95
Turkey, Mushroom & Cheese	\$7.95
Chicken, Pesto, Mozzarella	\$7.95
Veggie (roasted red peppers, mushrooms, spinach, onions, zucchini)	\$7.95
Salmon & Cream Cheese (onions, capers, tomato)	\$8.50

Sweet Crepes

Served with syrup & whipped Cream

Plain	1 for \$3.25
	2 for \$5.00
Nutella.....	\$5.75
Add fruit.....	\$1.00
Strawberry.....	\$5.75
Blueberry.....	\$5.75
Banana	\$5.75



Pancakes

Served with maple syrup

- Plain\$4.99
- Strawberry\$5.99
- Blueberry\$5.99
- Chocolate Chip\$5.99



Salads

- Caesar Salad Romaine Lettuce, Croutons, Parmesan Cheese, Bacon Bits, Caesar Dressing \$6.60
- Chef Salad Romaine Lettuce, Carrots, Tomato, Egg, Cucumber, Carrots, Turkey Roll Dressing\$7.00
 - Add Grilled Chicken\$2.00
 - Add Chicken, Tuna or Egg Salad\$2.00
- Greek Salad Grilled Chicken, Romaine Lettuce, Kalamata Olives, Feta Cheese, Tomato, Cucumber, Red Onion, Greek Dressing... \$7.50
- Grilled Chicken Salad with Tomato, Dried Cranberries, Goat Cheese, Walnuts, Dressing.....\$8.50

Baked Goods

- Croissant\$1.25
- Big Chocolate Chip Cookie\$1.54
- Muffins\$2.80
- Scones\$2.80
- Pound Cake\$2.80



Beverages

- Coffee and Tea (free Refills) Small \$1.87
 - Medium \$2.10
 - Large \$2.57
- Box of Coffee \$18.99
- Espresso\$2.34
- Cappuccino\$3.27
- Latte\$3.27
- Iced Coffee\$2.34
 - Add a Shot of Espresso to any coffee drink \$1.25
- Iced Tea Unsweetened \$2.34
- Frozen Coffee \$4.25
 - Vanilla • Mocha • Carmel Latte
 - Cookie Cream • White Chocolate
 - Chocolate Mint • Java Chip
- Cayman Cold Brew Coffee Small \$3.69
 - Large \$4.25
- Smoothies \$4.25
 - Strawberry Banana • Strawberry
 - Green Apple • Wild Berry • Raspberry



Breakfast & Lunch All Day

Best Bagels in South Florida!



173 North US Highway 1
Tequesta, FL 33469
(561) 575-1799

We Carry Gluten Free Bagels!

Open 7 Days A Week

Mon—Fri 6:30 am - 3:00 pm
Sat & Sun 6:30 am - 2:00 pm

